



FALL PROGRAMS 2022

October 3 -December 9

Programs are included with the K-5 Afterschool Elementary Enrichment Program registration.
No sign up required. Youth will participate in each scheduled program based upon their assigned group.

All Programs Will Run from 5:00 p.m.-5:40 p.m. *unless otherwise noted.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

Group 1

**Art:
Color Theory**

**Healthy
Habits**

Ready to Read

Group 2

**Healthy
Habits**

Ready to Read

**Art:
Color Theory**

Group 3

Ready to Read

**Art:
Color Theory**

**Healthy
Habits**

Group 4

**Daily
Challenge**

Science Club

Math Racers

Group 5

**Math
Racers**

**Daily
Challenge**

Science Club

Group 6

Science Club

Math Racers

**Daily
Challenge**

Group 7

**Games Room
Tournament**

STEM

**SMART Girls &
SMART Boys**

**Math
Racers**

Mystery Activity of the Week

Power Hour runs Monday - Thursday from 4:00 p.m.-5:00 p.m.

* Program Schedule Subject To Change

Elective Programs on Friday

Grades K-2

Grades 3-5

5:00 p.m. - 5:40 p.m. ~ STEM or Game of the Week

5:45 p.m. - 6:30 p.m. ~ STEM or Game of the Week



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Program Descriptions

Power Hour: This program helps our members achieve academic success by providing homework help, tutoring, and high-yield learning activities and encouraging members to become self-directed learners. Power Hour is offered Monday-Thursday from 4:00 p.m. to 5:00 p.m. The Club provides members with the space, time and assistance to complete their assignments. Members' participation is tracked for recognition through our Power Hour Incentive Program.

Healthy Habits

Healthy Habits is the "Mind" component of the Triple Play program. The Healthy Habits curricula focus on making choices that support a healthy eating pattern and physical wellness. This targeted program is made up of interactive practical activities that develop a young person's ability, confidence, and motivation to eat healthy for life.

Art: Color Theory

We will be learning the basics of color theory. By the end of this program, members will have understood how to use the color wheel, mix colors, identify different color schemes, associate colors with different moods and emotions, and incorporate these color schemes into their artwork, encouraging self-expression. We will be using a variety of mediums throughout this program, including but not limited to colored pencils, watercolors, and acrylic paints.

Ready to Read

This program will help our youngest readers to be more confident in reading and promote independent and social-emotional learning. We will use an online tool with visuals and worksheets. "Ready to Read" will include, guest readers, reading with dogs, and other fun ways to build vocabulary and a love for reading.

Daily Challenge

The "Body" component of Triple Play promotes becoming more physically active through a variety of games, cooperative activities, and sports that develop a young person's ability, confidence and motivation to be physically fit.

Science Club

Science is all around us! At the Club, kids enjoy learning about natural wonders and scientific mysteries, expanding their understanding and sparking their intellectual curiosity. Members take field trips and participate in fun experiments that encourage them to see the world differently.

Math Racers

Math Racers provides an opportunity for the members to have fun with math in an entirely non-judgmental, and ideally relatively free-flowing environment. Math Racers provides math enrichment activities that are designed to develop a further interest in the study of mathematics. Using the Khan Academy curriculum, members will compete as teams. Throughout the week, kids will go to the tech center to earn points by completing a lesson and scoring 75 or above on the quizzes. At the end of the month, the team with the highest point accumulation will win the tournament and receive the championship prize. Tournaments will start at the beginning of each month.

SMART Girls & SMART Boys

SMART Girls/Boys is a small-group health, fitness, prevention/education, and self-esteem enhancement program designed to meet the developmental needs of girls and boys. Through dynamic sessions, highly participatory activities, and mentoring opportunities, children will explore their own and societal attitudes and values as they build skills for eating right, staying physically fit, and developing positive relationships with peers and adults.

STEM

Based on the idea of educating members in four specific disciplines: science, technology, engineering, and mathematics in an interdisciplinary and applied approach, kids will develop their problem-solving skills as well as collaborative work skills. They will learn to code and participate in hands-on experiments.

Game of the Week

The Game of the Week is a fun and engaging sports program that promotes health and wellness. Each week the kids will participate in a unique sport or gym game that will expose them to the many benefits of play.

Games Room Tournament

Each week, we will have a different tournament in the Games Room for members to compete in. Foosball, table tennis, billiards, Connect Four, and more!