



FALL PROGRAMS 2023

October 2 - December 7

Programs are included with the K-5 Afterschool Elementary Enrichment Program registration.

No sign up required. Youth will participate in each scheduled program based upon their assigned group.

All Programs Will Run from 5:00 p.m.-5:40 p.m. *unless otherwise noted.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

Group 1

Reading Racers

Art

Daily Challenge

Imagination Builders

Group 2

Daily Challenge

Reading Racers

Art

Imagination Builders

Group 3

Art

Daily Challenge

Reading Racers

Imagination Builders

Group 4

STEM

Music & Moves

Healthy Habits

Coding

Group 5

Music & Moves

Healthy Habits

STEM

SMART Girls & SMART Boys

Group 6

Coding

SMART Girls & SMART Boys

Music & Moves

Healthy Habits

Group 7

Healthy Habits

Coding

SMART Girls & SMART Boys

Music & Moves

Power Hour runs Monday - Thursday from 4:00 p.m.-5:00 p.m.

*** Program Schedule Subject To Change**



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Program Descriptions

Power Hour: This program helps our members achieve academic success by providing homework help, tutoring, and high-yield learning activities and encouraging members to become self-directed learners. Power Hour is offered Monday-Thursday from 4:00 p.m. to 5:00 p.m. The Club provides members with the space, time and assistance to complete their assignments. Members' participation is tracked for recognition through our Power Hour Incentive Program.

Healthy Habits

Healthy Habits is the "Mind" component of the Triple Play program. The Healthy Habits curriculum focus on making choices that support a healthy eating pattern and physical wellness. This targeted program is made up of interactive practical activities that develop a young person's ability, confidence, and motivation to eat healthy for life.

Art

This program will include drawing, painting, sculpture and pastels. Members will create project around different Holidays, specials events and experiment with new materials. These activities allow youth opportunities to explore, play and experiment with different art forms. In our Art room, we support young artists as they express themselves creatively and practice arts skills that will build confidence and allow for imagination.

Reading Racers

This program will help our youngest readers to be more confident in reading and promote independent and social-emotional learning. We will use an online tool with visuals and worksheets. "Ready to Read" will include, guest readers, reading with dogs, and other fun ways to build vocabulary and a love for reading.

Daily Challenge

The "Body" component of Triple Play promotes becoming more physically active through a variety of games, cooperative activities, and sports that develop a young person's ability, confidence and motivation to be physically fit.

STEM

Based on the idea of educating members in four specific disciplines: science, technology, engineering, and mathematics in an interdisciplinary and applied approach, kids will develop their problem-solving skills as well as collaborative work skills.

Music and Moves

In this program, members will build their literacy skills, explore the art of music while creating their own sense of music through storytelling. With music comes great moves and members will have the opportunity to explore different sports activities throughout the season.

Imagination Builders

Young members will create, explore and identify building structures while understanding the importance of teamwork. Members will use different types of building blocks to design their own structure and even replicate buildings around the world.

Coding

Coding provides an opportunity for the members to have fun with math in an entirely non-judgmental, and ideally relatively free-flowing environment. Using the Khan Academy curriculum, members will compete as teams. Throughout the week, kids will go to the tech center to earn points by completing a lesson and scoring 75 or above on the quizzes.

SMART Girls & SMART Boys

SMART Girls/Boys is a small-group health, fitness, prevention/education, and self-esteem enhancement program designed to meet the developmental needs of girls and boys. Through dynamic sessions, highly participatory activities, and mentoring opportunities, children will explore their own and societal attitudes and values as they build skills for eating right, staying physically fit, and developing positive relationships with peers and adults.