



## 2024 Tween/Teen Program Fall Schedule

**Programs will start the week of September 9 and run through December 19**

**Monday – Friday: Power Hour @ 3:00 p.m.** Each day after school our tweens/teens receive homework help and tutoring as well as assistance with research projects and studying techniques. With the help of staff, they participate in high yield learning activities to provide the academic support they need.

**Open Gym @ 4:00 p.m. - 5:30 p.m.**

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**Monday: Healthy Habits @ 4:00 p.m.** An educational cooking program that allows the members to develop their skills in the kitchen while learning about the best ways to live a healthy lifestyle.

**STEM @ 5:00 p.m.** Members will develop their problem-solving skills as well as collaborative work skills in the specific disciplines of science, technology, engineering and math. They will learn coding, and participate in hands-on experiments.

**Tuesday: SMART Girls @ 4:00 p.m.** An emotional wellness program that helps female members develop self esteem, build more positive relationships with their peers and express themselves.

**Art @ 5:00 p.m.** This is an open program where the members can express their creativity through painting, crafts, pottery and much more.

**Wednesday: STEM @ 4:00 p.m.** Members will develop their problem-solving skills as well as collaborative work skills in the specific disciplines of science, technology, engineering and math. They will learn coding, and participate in hands-on experiments.

**Innovate @ 4:00 p.m. High School ONLY** Through a partnership with Apple, members will have the opportunity to develop their technological skills using some of the latest programs. They will work on video and graphic design projects which will be displayed in a showcase

**Keystone @ 6:00 p.m. High School ONLY** A community service and leadership program for the high school members where they help at Club events, get assistance with college prep and complete many volunteer hours

**Thursday: Torch @ 4:00 p.m.** A community service and leadership program for the middle school members where they complete fundraisers for charitable organizations and volunteer at places like the local animal shelter and soup kitchen

**Passport to Manhood @ 5:00 p.m.** This program is designed to provide a space for the male members to talk about the issues they are facing while also helping them grow as they develop

**Mediation Masters @ 6:00 p.m.** A peer mediation group designed to empower our young members with conflict resolution skills. Through interactive activities, role-playing, and guided discussions, participants will learn effective communication techniques, problem-solving strategies, and how to facilitate peaceful resolutions among their peers.