



2023 Tween/Teen Program Fall Schedule

Programs will start the week of September 18 and run through the week of December 18

Monday – Thursday : **Power Hour @ 3:00 p.m.**

Each day after school our tweens and teens receive homework help and tutoring as well as assistance with research projects and studying techniques. With the help of staff, they participate in high yield learning activities to provide the academic support they need.

Monday: **Healthy Habits @ 4:00 p.m.** An educational cooking program that allows the members to developing their skills in the kitchen while learning about the best ways to live a healthy lifestyle.

Tuesday: **SMART Girls @ 4:00 p.m.** An emotional wellness program that helps female members develop self esteem, build more positive relationships with their peers and express themselves.

Passport to Manhood @ 4:00 p.m. This program is designed to provide a space for the male members to talk about the issues they are facing while also helping them grow as they develop

Performance Art @ 5:30 p.m. This program encourages members to engage in hands-on performing arts activities to help them develop their confidence

Wednesday: **Art @ 4:00 p.m.** This is an open program where the members can express their creativity through painting, crafts, pottery and much more.

Cooking with Frances @ 6:00 p.m. Frances, a Club volunteer, has designed a weekly cooking class so the members can develop their skills and learn new recipes.

Keystone @ 7:00 p.m. A community service and leadership program for the high school members where they help at Club events, get assistance with college prep and complete many volunteer hours

Thursday: **Torch @ 4:00 p.m.** A community service and leadership program for the middle school members where they complete fundraisers for charitable organizations and volunteer at places like the local animal shelter and soup kitchen

Design @ 5:30 p.m. A graphic design program to teach the members how to make their own logos and images using various media.

Friday: **Fun Friday @ 4:00 p.m.** Come to the Tween Center every Friday for a different and exciting activity such as a Dodgeball Tournament, Bingo Night, or Karaoke.